



# Cyber Security Awareness Month

**iconology**  
friendly IT people





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**In today's fast-paced digital world, staying safe online is a team effort. Cyber Security isn't just a task for the tech whizzes; it's something everyone can contribute to. Your role in protecting your own data and your organization's information is crucial. And guess what? October is Cyber Security Awareness Month, a fantastic reminder of how we can all level up our online safety game. So in preparation let's dive into the basics that can make a world of difference in keeping your online world secure.**



## What's Cyber Security Awareness Month All About?

Cyber Security Awareness Month, or CAM, is a yearly event that shines a spotlight on staying safe in our digital playground. It wasn't just a U.S. thing – it quickly spread worldwide. CAM is led by two friendly groups, the National Cyber Security Alliance (NCSA) and the Cybersecurity and Infrastructure Security Agency (CISA). They're like the superhero team of cybersecurity, here to share knowledge and resources and help us all defend against online baddies.

## This Year's Theme: Celebrating Progress and Looking Ahead

In 2023, CAM celebrates its 20th birthday. That's two decades of keeping our digital lives safe! This year, CAM's theme is all about looking back on how far we've come and how far we're headed. The focus is on four cool and easy ways to keep your digital life a fortress.

## Supercharge Your Security with Multi-Factor Authentication (MFA)

Imagine a force field around your online accounts. That's MFA! It's like adding a secret handshake to your login routine. Even if someone knows your password, they won't get in without that special handshake. Microsoft says MFA stops nearly all account breach attempts. So, why not use it everywhere?

## Mighty Passwords & a Trusty Password Manager

Passwords are like the keys to your digital kingdom. Strong, unique passwords for each account are your knights in shining armor. Companies can help by setting up rules like having at least 12 characters, an upper case letter, a lower case letter, a number, and a symbol. It's like adding a dragon to guard your treasures

## **Keep Things Fresh with Software Updates**

**Outdated software is like an open door for cyber villains. Regularly updating your operating system, apps, and firmware is like putting up a big "No Entry" sign. Automatic updates make it a breeze, especially with tools like Intune. It's like having a personal update assistant!**

## **Spot Phishing, Be a Hero**

**Phishing emails are the trolls under the digital bridge. Teach your team to spot them. Look out for strange links, unsolicited files, and double-check sender addresses. And don't share personal info unless you're sure who you're talking to. Plus, phishing isn't just about email – it can happen through texts and social media too. If you see something fishy, report it! It's like warning your pals about a trap.**

## **Embracing Good Cyber Hygiene**

**Just like we brush our teeth every day for good health, we practice good cyber hygiene for online wellness. These practices form the foundation of a strong Cyber Security defense, protecting both you and your organisation.**

**As we dive into another Cyber Security Awareness Month, let's celebrate the importance of Cyber Security and prioritize these simple yet essential steps. Building a culture of Cyber Security awareness is like making your digital world a superhero fortress.**

**If you're ready to supercharge your Cyber Security, reach out to our friendly experts. By following these basic principles, you'll not only boost your online security but also make your digital life a whole lot easier.**



## In Conclusion

In our tech-savvy world, Cyber Security awareness is your digital sidekick. Cyber Security Awareness Month is your chance to embrace a safer online journey. These fundamental principles of cyber hygiene will not only protect you but also make your digital life more awesome.

Need some guidance on your cyber security adventure? Give us a shout today, and let's tackle this mission together!

Remember at Iconology we take Cyber security seriously having recently achieved Cyber Essentials certification. This accomplishment underscores our unwavering commitment to promoting cybersecurity awareness and implementing best practices. Moreover, we're already hard at work, pursuing our Cyber Essentials Plus certification as the next step in our journey towards ensuring the utmost security for our clients.



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